

MENOPAUSE RESEARCH STUDY

This study is investigating how effective a probiotic is at reducing the frequency and severity of menopausal symptoms and improving quality of life in participants.

The study involves taking the study probiotic, or a placebo, once per day for 4 months with 5 visits to our Teesside clinic during this time.

To be eligible, you need to:

- Be aged 42-60
- Be perimenopausal or postmenopausal
- Frequently experience symptoms of menopause

Get in touch

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www.futuremeds.co.uk

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Why take part?

• **Access**

You may have access to a probiotic hoping to improve menopausal symptoms. You will also have access to our experienced team of research doctors and nurses

• **Contribute**

By taking part in clinical research, you will be contributing to important medical research and may help others like you going through the same experience.

• **Reimbursement**

All participants in the study will be reimbursed for their study related time and travel.

