



MENOPAUSE RESEARCH STUDY

Are you perimenopausal or
postmenopausal?

Do you frequently experience symptoms of
menopause?

You could be eligible for this study

COULD YOU BE ELIGIBLE?

This study is investigating how effective a probiotic is at reducing the frequency and severity of menopausal symptoms and improving quality of life in participants who are perimenopausal or postmenopausal.



REQUIREMENTS

To be eligible for this study, participants need to be aged 42-60; be perimenopausal or postmenopausal and be experiencing frequent symptoms



INFORMATION

The study involves taking the study probiotic or a placebo, which come in capsule form, once per day for 4 months with 5 visits to our Teesside clinic during this period.



WHY?

By taking part in clinical research, you will be contributing to important medical research and may help others like you going through the same experience.



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