

Are you a Smoker aged 18 and over and want to quit?

Have you tried quitting unsuccessfully and interested in trying an E-cigarette in your next quit attempt?

Do you live in
Middlesbrough or
Redcar & Cleveland?

We would love to hear
from you.

The South Tees specialist stop smoking service is running an electronic Cigarette Pilot to help you quit smoking and is looking for participants to take part.

What you get:

- Free starter kit and choice of E-liquid
- Access to trained specialist nurse advisors & NRT (if required)



To be considered you must consent to be monitored for the period of the pilot (12 weeks). Using an e-cigarette is 95% safer than smoking, because you don't breathe in any tar or carbon monoxide.

Contact us on:

01642 727579

or email: stopsmoking@middlesbrough.gov.uk
to register your interest

